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| Inventor: Palmer, Dennis D. | |
| Serial Number: 10/606,492 | Examiner: Crow, Stephen R. |
| Filing Date: 06/25/2003 | Group/Art Unit: 3764 |
| Title: Exercise device using compression resistance mechanism | Atty. Docket No: GDDDP01B |

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Response to First Office Action and Election

Assistant Commissioner for Patents
Via EFS-Web
Arlington, VA 33212

Dear Examiner Crow:

This Response and Amendment is in response to Examiner's First Office Action, dated December 27, 2005 with a period of response set to expire January 27, 2006. A Petition and fee for a two-month extension are enclosed for a new expiration date of March 27, 2006.

I hereby certify that this Amendment is being transmitted to the USPTO via EFS Web, on 3/27/2006.

/GEDobbinEsq/
Geoffrey E. Dobbin